

EEG (Electroencephalogram)

- Duration: 1 hour
- Must have clean dry scalp (no conditioner, hair spray, etc.) you will have to wash your hair after the test
- Must eat 1-2 hours prior to test
- No caffeine 24 hrs prior to test
- Take all medication as prescribed unless otherwise told by Doctor

Sleep Deprived EEG

- Duration: 1 hour
- No more than 4 hours sleep 24 hours prior to test
- Must have clean dry scalp (no conditioner, hair spray, etc.) you will have to wash hair after the test to get the gel out
- Must eat 1-2 hours before test
- No caffeine 24 hrs prior to test
- Take all medication as prescribed unless otherwise told by Dr